The Journey Packing List <a>

□ Shirts (for 3 days) □ Shorts (for 3 days) □ Pants	Sleeping Gear ☐ Sleeping Bag ☐ Pillow ☐ Sleeping Mat
 ☐ Sweatshirt/Jacket ☐ Underwear ☐ Socks ☐ Sleepwear 	Camping Equipment
☐ Shoes (durable, closed-toe) ☐ Bucket with screw-on lids For sitting and packing	 □ Rain Poncho □ Refillable Water Bottle □ Sunscreen □ Bug Repellent
Essentials	│□ Flashlight │□ Hat
☐ Needed Medication☐ Allergy Medication	☐ Work Gloves Suggested Items
Personal Hygiene	☐ Sunglasses
 □ Deodorant □ Toothbrush □ Toothpaste □ Dry Shampoo (if desired) □ Hygiene/Body Wipes □ Hairbrush □ Feminine Products 	□ Chapstick

Eat breakfast before you come on Wednesday, bring a sack lunch for Wednesday afternoon. *Label each item with your name and ward.*